

9-11 February 2023 **Gauteng Classic Powerlifting Championships 2023**

WOMEN	IPF Wt CIs	Name	Team	Bwt - kg	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	PL Total	Best Lifter	Place	IPF GL Points	Qual for SA Raw
Subjunior																		
	47	Jordyn Carreira	SOS	45,60	60,0	-65,0	67,5	27,5	30,0	-32,5	70,0	77,5	82,5	180,0		1	51,45	Q
	52	Laila Allen	SOS	47,20	45,0	50,0	-55,0	25,0	27,5	-30,0	45,0	50,0	55,0	132,5		1	36,58	Q
	57	Megan Stringer	Ind	56,75	90,0	97,5	105,0	40,0	50,0	55,0	90,0	100,0	110,0	270,0		1	63,54	Q
	57	Kylie Thomas	SOS	55,55	65,0	70,0	75,0	37,5	40,0	42,5	77,5	87,5	92,5	210,0		2	50,24	Q
	57	Grace Roberts	BB	54,95	52,5	60,0	-70,0	27,5	32,5	37,5	70,0	85,0	95,0	192,5		3	46,45	Q
	63	Mijuane De Wet	BB	62,60	135,0	145,0	152,5	60,0	65,0	70,0	145,0	155,0	165,0	387,5	Best Subjunior	1	85,13	Q
	63	Talitha De Wet	BB	61,75	75,0	85,0	92,5	35,0	40,0	42,5	85,0	95,0	102,5	237,5		2	52,65	Q
	63	Devorah Eilim	BB	59,20	50,0	60,0	70,0	30,0	37,5	42,5	65,0	75,0	100,0	212,5		3	48,49	Q
	69	Gila Smith	2	65,95	115,0	120,0	0,0	60,0	67,5	-70,0	130,0	-140,0	-140,0	317,5		1	67,52	Q
	69	Caitlyn Lotter	JPG	67,45	87,5	-95,0	95,0	42,5	47,5	-50,0	97,5	110,0	115,0	257,5		2	54,04	Q
	69	Morgan Kemp	BB	68,10	60,0	70,0	82,5	30,0	35,0	37,5	75,0	90,0	100,0	220,0		3	45,92	Q
	84	Simone van der Merwe	Ind	79,55	85,0	95,0	102,5	37,5	40,0	42,5	105,0	115,0	125,0	270,0		1	52,15	Q
Junior																		
	47	Christina Kyriacos	1610	45,65	-80,0	80,0	-87,5	40,0	42,5	45,0	70,0	80,0	90,0	215,0		1	61,38	Q
	52	Aimee Geffen	BB	51,30	80,0	85,0	97,5	35,0	40,0	45,0	100,0	115,0	122,5	265,0		1	67,70	Q
	52	Surina Devnarain	SOS	51,70	80,0	85,0	90,0	37,5	40,0	42,5	82,5	92,5	102,5	235,0		2	59,64	Q
	57	Nicole Hassell	BB	55,75	110,0	120,0	122,5	60,0	65,0	70,0	135,0	145,0	-152,5	337,5	Best Junior	1	80,52	Q
	63	Luca Du Toit	Ind	58,30	100,0	110,0	120,0	45,0	47,5	-50,0	110,0	120,0	130,0	297,5		1	68,63	Q
	63	Courtney Kaplan	BB	62,00	80,0	87,5	90,0	40,0	45,0	50,0	90,0	100,0	110,0	250,0		2	55,27	Q
	69	Gaia Mottalini	Ind	68,60	100,0	110,0	120,0	55,0	62,5	-70,0	115,0	127,5	135,0	317,5		1	65,99	Q
	69	Miriam Lits	2	65,90	110,0	-117,5	-117,5	55,0	60,0	-62,5	-145,0	145,0	-155,0	315,0		2	67,02	Q
	76	Gabrielle Grobler	BB	72,45	80,0	90,0	95,0	35,0	40,0	42,5	95,0	105,0	112,5	250,0		1	50,46	Q
	84+	Karin Du Plessis	1610	108,35	140,0	150,0	157,5	80,0	-87,5	87,5	130,0	142,5	150,0	395,0		1	69,07	Q
Open																		
	47	Christina Kyriacos	1610	45,65	-80,0	80,0	-87,5	40,0	42,5	45,0	70,0	80,0	90,0	215,0		1	61,38	Q
	47	Jordyn Carreira	SOS	45,60	60,0	-65,0	67,5	27,5	30,0	-32,5	70,0	77,5	82,5	180,0		2	51,45	Q
	52	Giulia Muto	BB	50,75	112,5	117,5	122,5	62,5	67,5	70,0	120,0	130,0	-135,0	322,5		1	83,18	Q
	52	Farzana Botha	OGP	51,90	90,0	95,0	-100,0	60,0	65,0	0,0	140,0	145,0	150,0	310,0		2	78,41	Q
	52	Alexa Pentopoulos	BB	51,40	110,0	117,5	120,0	50,0	55,0	-57,5	115,0	125,0	132,5	307,5		3	78,43	Q
	52	Shelby van Tonder	BB	52,00	100,0	110,0	-117,5	55,0	60,0	65,0	100,0	125,0	-132,5	300,0		4	75,75	Q
	52	Aimee Geffen	BB	51,30	80,0	85,0	97,5	35,0	40,0	45,0	100,0	115,0	122,5	265,0		5	67,70	Q
	52	Kerri Carreira	SOS	51,45	80,0	85,0	90,0	52,5	57,5	-60,0	90,0	105,0	-112,5	252,5		6	64,35	Q
	52	Surina Devnarain	SOS	51,70	80,0	85,0	90,0	37,5	40,0	42,5	82,5	92,5	102,5	235,0		7	59,64	Q
	52	Laila Allen	SOS	47,20	45,0	50,0	-55,0	25,0	27,5	-30,0	45,0	50,0	55,0	132,5		8	36,58	Q
	57	Alex Mundell	PP	56,20	115,0	120,0	122,5	75,0	-77,5	77,5	145,0	155,0	162,5	362,5		1	85,95	Q
	57	Nicole Hassell	BB	55,75	110,0	120,0	122,5	60,0	65,0	70,0	135,0	145,0	-152,5	337,5		2	80,52	Q

57	Hannah Langman	BB	55,90	90,0	100,0	105,0		40,0	45,0	47,5		100,0	117,5	122,5	275,0		3	65,47	Q
57	Shakirah Limbada	BB	56,95	85,0	95,0	102,5		50,0	55,0	57,5		100,0	110,0	115,0	275,0		4	64,55	Q
57	Megan Stringer	Ind	56,75	90,0	97,5	105,0		40,0	50,0	55,0		90,0	100,0	110,0	270,0		5	63,54	Q
57	Giovanna Winetzki	Bar	55,40	80,0	85,0	90,0		37,5	40,0	42,5		100,0	110,0	120,0	252,5		6	60,53	Q
57	Carol Anthony	SOS	55,70	65,0	70,0	75,0		37,5	40,0	42,5		105,0	115,0	122,5	240,0		7	57,30	Q
57	Kylie Thomas	SOS	55,55	65,0	70,0	75,0		37,5	40,0	42,5		77,5	87,5	92,5	210,0		8	50,24	Q
57	Grace Roberts	BB	54,95	52,5	60,0	-70,0		27,5	32,5	37,5		70,0	85,0	95,0	192,5		9	46,45	
63	Daniella Da Silva	BB	62,75	140,0	150,0	155,0		60,0	65,0	70,0		165,0	172,5	177,5	402,5	Best Open	1	88,29	Q
63	Mijuane De Wet	BB	62,60	135,0	145,0	152,5		60,0	65,0	70,0		145,0	155,0	165,0	387,5		2	85,13	Q
63	Chevonne Roos	Yard	61,20	127,5	135,0	-137,5		75,0	77,5	-80,0		130,0	-142,5	0,0	342,5		3	76,38	Q
63	Luca Du Toit	Ind	58,30	100,0	110,0	120,0		45,0	47,5	-50,0		110,0	120,0	130,0	297,5		4	68,63	Q
63	Courtney Kaplan	BB	62,00	80,0	87,5	90,0		40,0	45,0	50,0		90,0	100,0	110,0	250,0		5	55,27	Q
63	Madelaine Posthumus	BB	57,40	70,0	80,0	-90,0		40,0	45,0	47,5		100,0	112,5	120,0	247,5		6	57,75	Q
63	Shannon Wilding	Ind	62,95	85,0	95,0	-97,5		35,0	40,0	42,5		90,0	100,0	110,0	247,5		7	54,18	Q
63	Talitha De Wet	BB	61,75	75,0	85,0	92,5		35,0	40,0	42,5		85,0	95,0	102,5	237,5		8	52,65	Q
63	Lucy Marutle	BB	62,15	60,0	70,0	80,0		35,0	40,0	42,5		80,0	95,0	105,0	227,5		9	50,22	Q
63	Elzeri De Lange	BB	60,15	-72,5	72,5	80,0		32,5	37,5	-40,0		85,0	95,0	102,5	220,0		10	49,64	Q
63	Devorah Eilim	BB	59,20	50,0	60,0	70,0		30,0	37,5	42,5		65,0	75,0	100,0	212,5		11	48,49	
63	Shireen Saacks	VA	61,25	-40,0	40,0	50,0		35,0	-37,5	-37,5		80,0	95,0	-110,0	180,0		12	40,12	
69	Laura De Wet	BB	66,65	135,0	142,5	147,5		60,0	70,0	-75,0		150,0	165,0	175,0	392,5		1	82,94	Q
69	Megan Leighton	1610	66,90	115,0	125,0	132,5		57,5	62,5	65,0		140,0	155,0	160,0	357,5		2	75,38	Q
69	Dominique Smith	BB	66,85	105,0	115,0	120,0		65,0	70,0	72,5		145,0	155,0	162,5	355,0		3	74,89	Q
69	Amanda Meyer	Ind	66,60	110,0	-120,0	120,0		65,0	70,0	75,0		130,0	145,0	155,0	350,0		4	74,00	Q
69	Gila Smith	2	65,95	115,0	120,0	0,0		60,0	67,5	-70,0		130,0	-140,0	-140,0	317,5		5	67,52	Q
69	Gaia Mottalini	Ind	68,60	100,0	110,0	120,0		55,0	62,5	-70,0		115,0	127,5	135,0	317,5		6	65,99	Q
69	Miriam Lits	2	65,90	110,0	-117,5	-117,5		55,0	60,0	-62,5		-145,0	145,0	-155,0	315,0		7	67,02	Q
69	Chantel Dreyer	BB	67,00	90,0	100,0	110,0		35,0	40,0	45,0		-100,0	110,0	122,5	277,5		8	58,46	Q
69	Laura Brewer	1610	64,20	80,0	-87,5	87,5		70,0	75,0	77,5		90,0	100,0	107,5	272,5		9	58,91	Q
69	Anthina Brewer	1610	66,90	90,0	97,5	102,5		50,0	55,0	57,5		95,0	105,0	112,5	272,5		10	57,46	Q
69	Marieke Van Linge	BB	66,80	85,0	92,5	100,0		37,5	40,0	0,0		100,0	120,0	127,5	267,5		11	56,45	Q
69	Caitlyn Lotter	JPG	67,45	87,5	-95,0	95,0		42,5	47,5	-50,0		97,5	110,0	115,0	257,5		12	54,04	Q
69	Nanica Nel	Bar	68,55	65,0	72,5	80,0		35,0	37,5	42,5		90,0	105,0	122,5	245,0		13	50,94	Q
69	Morgan Kemp	BB	68,10	60,0	70,0	82,5		30,0	35,0	37,5		75,0	90,0	100,0	220,0		14	45,92	
76	Sihle Madondo	BB	75,05	140,0	150,0	162,5		55,0	60,0	65,0		160,0	190,0	200,0	427,5		1	84,79	Q
76	Jodi Poxon	1610	75,25	95,0	100,0	0,0		60,0	62,5	65,0		100,0	110,0	120,0	285,0		2	56,45	Q
76	Gabrielle Grobler	BB	72,45	80,0	90,0	95,0		35,0	40,0	42,5		95,0	105,0	112,5	250,0		3	50,46	Q
84	Olivia Perotti	1610	82,55	170,0	180,0	-185,0		77,5	80,0	82,5		150,0	160,0	170,0	432,5		1	82,24	Q
84	V'Leen Serge	BB	81,25	135,0	-145,0	145,0		55,0	60,0	65,0		140,0	160,0	170,0	380,0		2	72,73	Q
84	Zanele Ngwenya	1610	83,35	115,0	125,0	130,0		70,0	75,0	77,5		125,0	140,0	150,0	357,5		3	67,72	Q
84	Simone van der Merwe	Ind	79,55	85,0	95,0	102,5		37,5	40,0	42,5		105,0	115,0	125,0	270,0		4	52,15	Q
84	Amanda Woodman	Ind	80,00	80,0	90,0	-100,0		55,0	60,0	-70,0		100,0	-120,0	120,0	270,0		5	52,02	Q
84+	Elmarie v Oudtshoorn	Ind	88,40	140,0	150,0	155,0		72,5	77,5	-80,0		170,0	180,0	-190,0	412,5		1	76,44	Q
84+	Karin Du Plessis	1610	108,35	140,0	150,0	157,5		80,0	-87,5	87,5		130,0	142,5	150,0	395,0		2	69,07	Q
84+	PK Moloole	BB	85,70	130,0	140,0	-145,0		75,0	-80,0	-80,0		150,0	160,0	175,0	390,0		3	73,09	Q
84+	Lauren Jones	Ind	110,60	115,0	120,0	125,0		55,0	62,5	67,5		140,0	160,0	172,5	365,0		4	63,54	Q
84+	Alisha Johnson	BB	110,65	120,0	130,0	140,0		50,0	60,0	65,0		120,0	140,0	155,0	360,0		5	62,67	Q
84+	Robyn Henderson	BB	112,90	110,0	120,0	132,5		55,0	65,0	70,0		110,0	130,0	-145,0	332,5		6	57,64	Q
84+	Michele Townsend	BB	132,10	100,0	110,0	120,0		50,0	55,0	57,5		120,0	140,0	150,0	327,5		7	55,35	Q
84+	Tsisi Mpofo	BB	92,05	-90,0	90,0	100,0		50,0	55,0	-60,0		100,0	120,0	130,0	285,0		8	52,09	Q
84+	Danielle Aitchison	SOS	110,70	45,0	50,0	60,0		45,0	50,0	55,0		120,0	140,0	150,0	265,0		9	46,13	

	74	Thapelo Motlhako	2	71,35	150,0	165,0	-182,5	115,0	-120,0	-120,0	235,0	245,0	-250,0	525,0		1	78,55	Q
	74	Sonu Singh	Ind	73,50	140,0	142,5	-160,0	80,0	90,0	100,0	180,0	200,0	230,0	472,5		2	69,61	Q
	74	James Mc Ilree	BB	69,80	140,0	150,0	160,0	95,0	100,0	105,0	175,0	190,0	205,0	470,0		3	71,14	Q
	74	Suvar Maharaj	BB	73,95	160,0	0,0		110,0	0,0		160,0	0,0		430,0		4	63,15	Q
	83	Jean-Michael Muldner	Ind	82,20	-190,0	190,0	220,0	110,0	125,0	-135,0	220,0	240,0	252,5	597,5		1	83,12	Q
	83	Michael Huisamen	BB	81,00	200,0	210,0	-215,0	130,0	140,0	-145,0	220,0	230,0	-245,0	580,0		2	81,29	Q
	83	Jethro Shaw	Ind	79,00	195,0	205,0	212,5	-115,0	117,5	-125,0	235,0	240,0	0,0	570,0		3	80,91	Q
	83	Anas Mia	BB	79,85	160,0	170,0	182,5	85,0	95,0	110,0	200,0	210,0	215,0	507,5		4	71,64	Q
	83	Avishai Eilim	BB	78,75	150,0	165,0	175,0	115,0	122,5	127,5	160,0	180,0	-200,0	482,5		5	68,60	Q
	83	Nardus Snyman	BB	77,25	150,0	160,0	-165,0	85,0	90,0	-92,5	160,0	170,0	182,5	432,5		6	62,10	Q
	83	Connor Reynolds	1610	80,15	120,0	130,0	140,0	70,0	80,0	-90,0	165,0	175,0	185,0	405,0		7	57,07	Q
	83	Robert Hallaby	1610	79,25	115,0	125,0	135,0	-60,0	65,0	75,0	160,0	175,0	180,0	390,0		8	55,27	Q
	83	Alec Watson	Ind	80,60	170,0	180,0	190,0	-110,0	-115,0	-115,0	200,0	210,0	220,0	0,0			0,00	
	93	Gian Havemann	1610	90,70	-240,0	240,0	260,0	145,0	165,0	-175,0	-275,0	275,0	-305,0	700,0	Best Junior	1	92,71	Q
	93	Daniel Duke	BB	92,50	190,0	-210,0	210,0	160,0	170,0	172,5	240,0	250,0	-260,0	632,5		2	82,96	Q
	93	Munashe Machinjike	1610	90,50	170,0	180,0	-185,0	-135,0	135,0	-140,0	235,0	250,0	260,0	575,0		3	76,23	Q
	93	Heinrich Meyer	Ind	87,15	160,0	-170,0	170,0	100,0	110,0	115,0	170,0	190,0	-195,0	475,0		4	64,16	Q
	105	Liam Karovsky	BB	104,00	-230,0	230,0	-247,5	140,0	150,0	157,5	260,0	280,0	290,0	677,5		1	84,02	Q
	105	Jordan Albertyn	BB	99,30	200,0	210,0	-215,0	110,0	115,0	120,0	220,0	235,0	0,0	565,0		2	71,61	Q
	105	Justin Eckard	BB	98,85	185,0	195,0	-210,0	100,0	105,0	110,0	240,0	-260,0	-260,0	545,0		3	69,23	Q
	105	Neal Goosen	BB	103,50	180,0	187,5	192,5	110,0	120,0	127,5	-200,0	202,5	220,0	540,0		4	67,12	Q
	105	Jeandre Terblanche	Ind	98,60	140,0	155,0	160,0	130,0	-140,0	-140,0	180,0	200,0	-210,0	490,0		5	62,32	Q
	120	Jordan Kaplan	SOS	107,00	165,0	180,0	190,0	115,0	120,0	-125,0	185,0	205,0	-222,5	515,0		1	63,03	Q
	120	Lucas Kleiner	1610	109,05	150,0	160,0	170,0	95,0	105,0	110,0	160,0	175,0	0,0	455,0		2	55,20	Q
	120+	Justin Furman	BB	120,10	240,0	260,0	270,0	135,0	145,0	150,0	250,0	265,0	272,5	692,5		1	80,47	Q
Open																		
	59	Daniel Sowray	Ind	57,85	-100,0	100,0	-120,0	-80,0	80,0	-95,0	160,0	162,5	180,0	360,0		1	60,20	Q
	66	Anton van Tonder	BB	64,15	140,0	150,0	-160,0	80,0	90,0	-92,5	170,0	190,0	195,0	435,0		1	68,84	Q
	66	Samuel Teeger	2	64,50	130,0	140,0	145,0	85,0	-90,0	-90,0	175,0	190,0	195,0	425,0		2	67,06	Q
	66	Daniel Saacks	2	62,90	135,0	140,0	147,5	80,0	85,0	-87,5	180,0	-192,5	-192,5	412,5		3	65,96	Q
	66	Steven Routledge	1610	65,45	110,0	120,0	125,0	110,0	115,0	-120,0	150,0	-160,0	0,0	390,0		4	61,06	Q
	66	TK Ramoreboli	SOS	64,05	110,0	117,5	122,5	60,0	65,0	-67,5	145,0	165,0	177,5	365,0		5	57,81	Q
	66	Steven Coleman	1610	65,55	90,0	100,0	105,0	110,0	115,0	117,5	115,0	130,0	132,5	355,0		6	55,54	Q
	74	Nishalin Govender	Ind	73,55	165,0	177,5	185,0	105,0	110,0	115,0	245,0	257,5	275,0	575,0		1	84,68	Q
	74	Marcel Vorster	BB	70,85	190,0	200,0	210,0	130,0	135,0	0,0	180,0	200,0	207,5	552,5		2	82,97	Q
	74	Ruben v d Linde	Rass	71,75	140,0	160,0	180,0	110,0	120,0	127,5	160,0	192,5	220,0	527,5		3	78,70	Q
	74	Thapelo Motlhako	2	71,35	150,0	165,0	-182,5	115,0	-120,0	-120,0	235,0	245,0	-250,0	525,0		4	78,55	Q
	74	Sulaiman Motala	1610	73,20	160,0	170,0	180,0	117,5	122,5	127,5	-185,0	185,0	200,0	507,5		5	74,93	Q
	74	Ian Hacker	BB	73,10	170,0	180,0	0,0	95,0	100,0	105,0	170,0	190,0	205,0	490,0		6	72,40	Q
	74	Gabriel Hore	BB	70,70	145,0	155,0	165,0	100,0	110,0	117,5	165,0	180,0	192,5	475,0		7	71,41	Q
	74	Sonu Singh	Ind	73,50	140,0	142,5	-160,0	80,0	90,0	100,0	180,0	200,0	230,0	472,5		8	69,61	Q
	74	James Mc Ilree	BB	69,80	140,0	150,0	160,0	95,0	100,0	105,0	175,0	190,0	205,0	470,0		9	71,14	Q
	74	Suvar Maharaj	BB	73,95	160,0	0,0		110,0	0,0		160,0	0,0		430,0		10	63,15	Q
	74	Chris Carreira	SOS	72,40	135,0	145,0	155,0	77,5	82,5	87,5	150,0	170,0	180,0	422,5		11	62,74	Q
	74	Simon Sishamge	1610	72,50	145,0	155,0	165,0	55,0	65,0	75,0	160,0	170,0	180,0	420,0		12	62,32	Q
	74	Tao Volkyn	SOS	73,60	110,0	120,0	127,5	-75,0	75,0	-80,0	135,0	150,0	160,0	362,5		13	53,37	Q
	74	Ka hei Chow	BB	71,45	90,0	100,0	110,0	80,0	85,0	87,5	120,0	130,0	142,5	340,0		14	50,84	Q
	74	Hennie Blom	SOS	72,40	-90,0	90,0	100,0	85,0	90,0	-92,5	120,0	135,0	150,0	340,0		15	50,49	Q

74	Andrew Dunn	Ind	72,05	100,0	105,0	115,0		55,0	62,5	-67,5		125,0	135,0	145,0	322,5		16	48,01	
74	Levi Simcha von Swiklitz	2	69,60	90,0	100,0	110,0		50,0	57,5	60,0		100,0	117,5	135,0	305,0		17	46,23	
83	Chad Govington	BB	76,05	195,0	205,0	210,0		147,5	157,5	167,5		220,0	240,0	255,0	632,5		1	91,55	Q
83	Jean Elie Mwamba	2	82,20	215,0	230,0	0,0		130,0	-140,0	0,0		250,0	265,0	-275,0	625,0		2	86,94	Q
83	Jean-Michael Muldner	Ind	82,20	-190,0	190,0	220,0		110,0	125,0	-135,0		220,0	240,0	252,5	597,5		3	83,12	Q
83	Michael Huisamen	BB	81,00	200,0	210,0	-245,0		130,0	140,0	-145,0		220,0	230,0	-245,0	580,0		4	81,29	Q
83	Leereshen Gouden	BB	82,75	200,0	-207,5	-215,0		110,0	115,0	120,0		240,0	250,0	260,0	580,0		5	80,41	Q
83	Jethro Shaw	Ind	79,00	195,0	205,0	212,5		-115,0	117,5	-125,0		235,0	240,0	0,0	570,0		6	80,91	Q
83	Steve Ogunfemi	OGP	81,65	202,5	-205,0	-210,0		102,5	-105,0	-105,0		240,0	252,5	262,5	567,5		7	79,21	Q
83	Darius Sangari	Yard	77,75	180,0	0,0	0,0		150,0	160,0	-170,0		200,0	0,0		540,0		8	77,28	Q
83	Sameer Mahomed	Ind	81,70	-160,0	160,0	-190,0		100,0	120,0	130,0		200,0	220,0	230,0	520,0		9	72,56	Q
83	Anas Mia	BB	79,85	160,0	170,0	182,5		85,0	95,0	110,0		200,0	210,0	215,0	507,5		10	71,64	Q
83	Thabang Motloung	Yard	78,95	130,0	-142,5	152,5		-100,0	110,0	120,0		205,0	215,0	225,0	497,5		11	70,64	Q
83	Cameron Drotsky	Ind	81,70	160,0	-170,0	-170,0		100,0	105,0	-110,0		215,0	220,0	-225,0	485,0		12	67,68	Q
83	Avishai Eilim	BB	78,75	150,0	165,0	175,0		115,0	122,5	127,5		160,0	180,0	-200,0	482,5		13	68,60	Q
83	Frank Lubbe	1610	77,85	-155,0	-155,0	155,0		87,5	95,0	100,0		185,0	205,0	0,0	460,0		14	65,79	Q
83	Nardus Snyman	BB	77,25	150,0	160,0	-165,0		85,0	90,0	-92,5		160,0	170,0	182,5	432,5		15	62,10	
83	Ethan Nel	Ind	79,35	110,0	120,0	130,0		100,0	107,5	110,0		160,0	170,0	182,5	422,5		16	59,84	
83	Connor Reynolds	1610	80,15	120,0	130,0	140,0		70,0	80,0	-90,0		165,0	175,0	185,0	405,0		17	57,07	
83	Jake Finch	PP	80,95	135,0	142,5	147,5		75,0	80,0	-82,5		152,5	162,5	172,5	400,0		18	56,08	
83	Michael van Beek	Yard	81,10	120,0	-130,0	140,0		75,0	-80,0	85,0		140,0	155,0	167,5	392,5		19	54,97	
83	Robert Hallaby	1610	79,25	115,0	125,0	135,0		-60,0	65,0	75,0		160,0	175,0	180,0	390,0		20	55,27	
83	Christiaan Smit	1610	81,20	110,0	120,0	130,0		50,0	57,5	65,0		120,0	140,0	-150,0	335,0		21	46,89	
83	Greg Flugel	SOS	80,90	90,0	100,0	107,5		70,0	75,0	-80,0		125,0	140,0	147,5	330,0		22	46,28	
83	Alec Watson	Ind	80,60	170,0	180,0	190,0		-110,0	-115,0	-115,0		200,0	210,0	220,0	0,0			0,00	
93	Jean-Arthur Pretorius	SOS	91,75	225,0	235,0	242,5		155,0	165,0	-172,5		280,0	295,0	305,0	712,5	Best Open	1	93,83	Q
93	Gian Havemann	1610	90,70	-240,0	240,0	260,0		145,0	165,0	-175,0		-275,0	275,0	-305,0	700,0		2	92,71	Q
93	Sibusiso Sishi	BB	92,65	230,0	245,0	252,5		-155,0	155,0	-162,5		-260,0	275,0	-295,0	682,5		3	89,45	Q
93	Archie Ayekpa	SOS	92,60	215,0	230,0	240,0		150,0	160,0	-165,0		235,0	255,0	270,0	670,0		4	87,83	Q
93	Nkosinathi Ntuli	OGP	92,05	200,0	220,0	230,0		140,0	145,0	150,0		260,0	270,0	285,0	665,0		5	87,43	Q
93	Deon Smedley	1610	92,50	225,0	235,0	245,0		140,0	145,0	-150,0		240,0	255,0	265,0	655,0		6	85,91	Q
93	Bandile Khuzwayo	BB	92,90	200,0	220,0	-240,0		120,0	130,0	140,0		240,0	265,0	280,0	640,0		7	83,77	Q
93	Daniel Duke	BB	92,50	190,0	-210,0	210,0		160,0	170,0	172,5		240,0	250,0	-260,0	632,5		8	82,96	Q
93	Calum Harding	Ind	92,15	205,0	-215,0	222,5		140,0	145,0	150,0		225,0	237,5	247,5	620,0		9	81,47	Q
93	Ryan Stopforth	Yard	92,75	190,0	202,5	-215,0		135,0	145,0	152,5		220,0	240,0	0,0	595,0		10	77,94	Q
93	Munashe Machinjike	1610	90,50	170,0	180,0	-185,0		-135,0	135,0	-140,0		235,0	250,0	260,0	575,0		11	76,23	Q
93	Khotso Thekiso	1610	90,85	165,0	180,0	-185,0		105,0	112,5	117,5		240,0	260,0	270,0	567,5		12	75,10	Q
93	Grant O'Donoghue	1610	85,80	175,0	190,0	205,0		110,0	117,5	125,0		180,0	205,0	225,0	555,0		13	75,56	Q
93	Chad Polley-Green	ind	87,15	175,0	185,0	195,0		105,0	112,5	122,5		200,0	215,0	230,0	547,5		14	73,96	Q
93	Jerry Botha	1610	91,20	-165,0	165,0	180,0		135,0	142,5	-147,5		200,0	220,0	0,0	542,5		15	71,65	Q
93	JP Blom	SOS	88,25	180,0	190,0	200,0		100,0	105,0	110,0		160,0	182,5	200,0	510,0		16	68,46	Q
93	Brandon Mncube	PP	91,15	170,0	180,0	185,0		107,5	112,5	-117,5		175,0	192,5	205,0	502,5		17	66,39	Q
93	Alan Ridgard	1610	92,95	165,0	175,0	180,0		105,0	115,0	120,0		175,0	190,0	202,5	502,5		18	65,75	Q
93	Simon Curtis	PP	92,95	155,0	165,0	172,5		105,0	-110,0	110,0		180,0	-207,5	207,5	490,0		19	64,12	Q
93	Heinrich Meyer	Ind	87,15	160,0	-170,0	170,0		100,0	110,0	115,0		170,0	190,0	-195,0	475,0		20	64,16	
93	Matthew Robinson	Bar	89,80	135,0	145,0	152,5		115,0	120,0	-127,5		160,0	180,0	-195,0	452,5		21	60,22	
93	Cameron Bezuidenhout	BB	87,80	127,5	140,0	150,0		75,0	85,0	-90,0		162,5	180,0	190,0	425,0		22	57,20	
93	David Jacobsz	SOS	92,60	100,0	0,0			150,0	160,0	165,0		120,0	0,0		385,0		23	50,47	
93	Eric Kobal	IND	92,70	90,0	100,0	107,5		80,0	-90,0	90,0		140,0	160,0	170,0	367,5		24	48,15	
93	Uche Aka	BB	92,20	70,0	80,0	90,0		40,0	50,0	57,5		100,0	120,0	130,0	277,5		25	36,46	
105	Liam Karovsky	BB	104,00	-230,0	230,0	-247,5		140,0	150,0	157,5		260,0	280,0	290,0	677,5		1	84,02	Q
105	Simbayi Bvumburai	OGP	102,45	200,0	220,0	240,0		120,0	135,0	145,0		210,0	240,0	260,0	645,0		2	80,56	Q

	105	Derik van Wyk	1610	103,25	230,0	240,0	250,0	132,5	-442,5	0,0	230,0	240,0	250,0	632,5		3	78,71	Q
	105	Graham Green	BB	103,25	195,0	210,0	217,5	135,0	142,5	147,5	235,0	245,0	260,0	625,0		4	77,77	Q
	105	Christo Schoonraad	BB	103,80	220,0	-240,0	240,0	110,0	-120,0	120,0	220,0	240,0	255,0	615,0		5	76,34	Q
	105	Jordan Albertyn	BB	99,30	200,0	210,0	-215,0	110,0	115,0	120,0	220,0	235,0	0,0	565,0		6	71,61	Q
	105	Justin Eckard	BB	98,85	185,0	195,0	-210,0	100,0	105,0	110,0	240,0	-260,0	-260,0	545,0		7	69,23	Q
	105	Koos Du Toit	Ind	99,90	160,0	180,0	190,0	-115,0	-115,0	115,0	220,0	230,0	240,0	545,0		8	68,88	Q
	105	Neal Goosen	BB	103,50	180,0	187,5	192,5	110,0	120,0	127,5	-200,0	202,5	220,0	540,0		9	67,12	Q
	105	Rensburg	SOS	102,95	170,0	180,0	-190,0	130,0	137,5	-142,5	180,0	202,5	212,5	530,0		10	66,04	Q
	105	Richard Steenekamp	SOS	98,00	160,0	170,0	180,0	115,0	122,5	127,5	-190,0	190,0	210,0	517,5		11	66,01	
	105	Jeandre Terblanche	Ind	98,60	140,0	155,0	160,0	130,0	-140,0	-140,0	180,0	200,0	-210,0	490,0		12	62,32	
	120	Tony Mudau	1610	120,00	240,0	250,0	255,0	170,0	177,5	185,0	225,0	235,0	240,0	680,0		1	79,05	Q
	120	Hermanus de Beer	BB	116,00	170,0	185,0	205,0	130,0	140,0	145,0	245,0	255,0	280,0	630,0		2	74,34	Q
	120	Edlyn Serge	BB	110,10	180,0	200,0	210,0	150,0	155,0	157,5	230,0	245,0	260,0	627,5		3	75,80	Q
	120	Nick Da Luz	BB	117,75	200,0	215,0	225,0	150,0	-157,5	-157,5	220,0	230,0	240,0	615,0		4	72,09	Q
	120	Warren Jaffer	BB	111,00	180,0	195,0	202,5	130,0	140,0	147,5	180,0	195,0	215,0	565,0		5	68,00	Q
	120	Jordan Kaplan	SOS	107,00	165,0	180,0	190,0	115,0	120,0	-125,0	185,0	205,0	-222,5	515,0		6	63,03	
	120	Yusri Ally	Ind	108,15	185,0	195,0	200,0	100,0	107,5	115,0	190,0	200,0	-210,0	515,0		7	62,72	
	120	Lucas Kleiner	1610	109,05	150,0	160,0	170,0	95,0	105,0	110,0	160,0	175,0	0,0	455,0		8	55,20	
	120	Chad Goldberg	2	112,55	120,0	135,0	-137,5	110,0	115,0	117,5	160,0	-182,5	182,5	435,0		9	52,03	
	120+	Justin Furman	BB	120,10	240,0	260,0	270,0	135,0	145,0	150,0	250,0	265,0	272,5	692,5		1	80,47	Q
	120+	Matt Bekker	1610	133,10	225,0	0,0		150,0	0,0		225,0	0,0		600,0		2	66,75	Q
	120+	Denis Bensch	BB	122,35	200,0	210,0	-220,0	120,0	135,0	145,0	200,0	220,0	230,0	585,0		3	67,43	Q
Master 1																		
	66	Steven Coleman	1610	65,55	90,0	100,0	105,0	110,0	115,0	117,5	115,0	130,0	132,5	355,0		1	55,54	Q
	74	Chris Carreira	SOS	72,30	135,0	145,0	155,0	77,5	82,5	87,5	150,0	170,0	180,0	422,5		1	62,78	Q
	93	Jerry Botha	1610	91,20	-165,0	165,0	180,0	135,0	142,5	-147,5	200,0	220,0	0,0	542,5		1	71,65	Q
	93	David Jacobsz	SOS	92,60	100,0	0,0		150,0	160,0	165,0	120,0	0,0		385,0		2	50,47	
	105	Graham Green	BB	103,25	195,0	210,0	217,5	135,0	142,5	147,5	235,0	245,0	260,0	625,0		1	77,77	Q
	105	Hennie Janse v Rensburg	SOS	102,95	170,0	180,0	-190,0	130,0	137,5	-142,5	180,0	202,5	212,5	530,0		2	66,04	Q
	120	Tony Mudau	1610	120,00	240,0	250,0	255,0	170,0	177,5	185,0	225,0	235,0	240,0	680,0	Best Master 1	1	79,05	Q
	120	Nick Da Luz	BB	117,75	200,0	215,0	225,0	150,0	-157,5	-157,5	220,0	230,0	240,0	615,0		2	72,09	Q
Master 2																		
	74	Ian Hacker	BB	73,10	170,0	180,0	0,0	95,0	100,0	105,0	170,0	190,0	205,0	490,0		1	72,40	Q
	74	Hennie Blom	SOS	72,40	-90,0	90,0	100,0	85,0	90,0	-92,5	120,0	135,0	150,0	340,0		2	50,49	
	83	Steve Ogunfemi	OGP	81,65	202,5	-205,0	-210,0	102,5	-105,0	-105,0	240,0	252,5	262,5	567,5	Best Master 2	1	79,21	Q
	93	Alan Ridgard	1610	92,95	165,0	175,0	180,0	105,0	115,0	120,0	175,0	190,0	202,5	502,5		1	65,75	Q
	105	Koos Du Toit	Ind	99,90	160,0	180,0	190,0	-115,0	-115,0	115,0	220,0	230,0	240,0	545,0		1	68,88	Q
	120	Hermanus de Beer	BB	116,00	170,0	185,0	205,0	130,0	140,0	145,0	245,0	255,0	280,0	630,0		1	74,34	Q
	120+	Denis Bensch	BB	122,35	200,0	210,0	-220,0	120,0	135,0	145,0	200,0	220,0	230,0	585,0		1	67,43	Q
Master 3																		
	74	Andrew Dunn	Ind	72,05	100,0	105,0	115,0	55,0	62,5	-67,5	125,0	135,0	145,0	322,5		1	48,01	Q
	83	Greg Flugel	SOS	80,90	90,0	100,0	107,5	70,0	75,0	-80,0	125,0	140,0	147,5	330,0		1	46,28	Q

	93	Eric Kobal	IND	92,70	90,0	100,0	107,5		80,0	-90,0	90,0		140,0	160,0	170,0	367,5		1	48,15	Q
	105	Christo Schoonraad	BB	103,80	220,0	-240,0	240,0		110,0	-120,0	120,0		220,0	240,0	255,0	615,0	Best Master 3	1	76,34	Q

9-11 February 2023 **Gauteng Classic Powerlifting Championships 2023**

Special Olympics	IPF Wt Cls	Name	Team	Bwt - kg	SQ-1	SQ-2	SQ-3		BP-1	BP-2	BP-3		DL-1	DL-2	DL-3	PL Total		Place		
	120+	Bryce Sillitoe	1610	137,30					77,5	82,5	85,0		60,0	65,0	70,0	0,0				
Youth	IPF Wt Cls	Name	Team	Bwt - kg	SQ-1	SQ-2	SQ-3		BP-1	BP-2	BP-3		DL-1	DL-2	DL-3	PL Total		Place	IPF GL Points	
	40	Ash Carreira	SOS	35,50	30,0	35,0	40,0		12,5	17,5	20,0		40,0	45,0	50,0	110,0		1	23,89	
Guest	IPF Wt Cls	Name	Team	Bwt - kg	SQ-1	SQ-2	SQ-3		BP-1	BP-2	BP-3		DL-1	DL-2	DL-3	PL Total		Place	IPF GL Points	
	30	Judah Penn	BB	22,45	15,0	20,0	25,0		10,0	12,5	15,0		25,0	30,0	35,0	75,0		1	20,49	